

Try a Trail & Mini Trail



Sunday 2 June 2019

5k Family Guided Trail

Guided trail incorporating farmland, roads and undulating terrain. £10 per family of up to four, which must include one adult over 18 years of age. Sign in from 11.30am. Start 1.00pm.

1k Mini Trail for Children under 16

Within the confines of the Showground, incorporating farmland and undulating terrain. The Mini Trail will start at 11.00am. Sign in from 10.00am. Goodies for all participants.

Free Car Park. No dogs on the course.

Trails delivered by Jogging Pals – for more information and to register online visit www.joggingpals.co.uk

Entry Fees*: Try a Trail / Mini Trail: Family £10 / Child £2* (Under 16 yrs)
*Pre-entry fee includes free weekend wristband

Closing Date: Tuesday 21 May 2019 (for pre-entry)

Entries taken on the day: Adult £3 / Child (under 16yrs) - £1 (does not include admission for Country Fest)

Country Fest Trails Entry Form

Name: (Please print clearly)

Address:

..... Post Code:

Telephone No: Mobile No:

E-mail:

Any Medical Information we should be aware of:

Emergency Tel No:

I declare and certify that I am fit to run and the organisers will not be held responsible for any injury or illness to myself or family for the loss or damage to our property during the event.

Additional Tickets for Country Fest	Adults @ £8.00 (on the gate £11.00)
	Children @ £2.00 (on the gate £3.00)
	Family @ £19.00 (on the gate £24.00)
	Weekend Adult @ £13.00

For payment by Credit Card please tick the box and the office will contact you

Total Fee Enclosed: £..... (Cheques made payable to: **WCAS Ltd**)

Signed:

Date:

Post Entries to Country Fest, Lane Farm, Crooklands, Milnthorpe, Cumbria LA7 7NH
or email: manager@westmorland.org.uk or enter online at www.countryfest.co.uk